

Yellowknife Gymnastics Club
Annual General Meeting
May 24, 2023

Executive Board of Directors Present:
Steve Thompson, President
Garret Churchill, Vice-President via Proxy
Sarah Kalnay-Watson, Sponsorship and Fundraising

Staff Present:
Jessica Smith, Program Director
Janet Murray, General Manager

Membership Present:
Wendy Hall
Scott Jordison
Natalie Sveisson
Quin Connell
Morgan Hall
Lori Hutchings
Tara Ellsworth
Jen Thompson
Stuart Ridgely
Vishni Peeris
Belinda Whitford
Alison Brown - via online

1. Approval of Agenda
 - a. Moved by Lori seconded by Wendy
 - b. Passed
2. Approval of Previous AGM Minutes
 - a. Moved by Wendy seconded by Jen
3. President's Report
 - a. Felt that we have made great progress with this new board
 - b. Have had more opportunities for fundraising this past year with bottle drives, car washes, chase the ace, super bingo coming up (thank you Tara for all the work you have put into that).
 - c. We've made the decision to move away from RAMP and move to Uplifter, thank you Scott for all the work you put into helping with that.
 - d. Uplifter is a program used by most of the West for their gymnastics reporting, registration, websites, and staffing needs. It will also allow for folks who move around to transfer their information between jurisdictions, should help improve

with registrations, will be more cost effective than the current reporting and registration systems. It is basically an all-in-one system for us.

4. General Manager's Report

- a. 2022 started off with closures because of Covid, and received funding for the first part of the year.
- b. Had funding for summer employment from Canada Summer Jobs federal program, funded 2 positions
- c. 2022 had a small March break camp, 2023, did not have one
- d. Have been having staffing issues, recruitment is a big issue.
- e. We got back to a normal schedule in the fall of 2022.
- f. With the evacuations from Hay River from floods last year and fires this year, we opened up the gym for free
- g. Financials are ok, could be doing better
- h. Our RDC loan was on for being repaid by December 31, 2023 however our flood at Christmas time took a big junk out of that. However, with our fundraising activities coming up we should be able to use our savings to help pay the 40k by the end of the year to have the other 20k forgiven.
- i. We still have to deal with the leaking roof
- j. Utilities have stayed about the same at \$34k/year
- k. City has not charged us for two years, but because of that it is now a liability
- l. Working with the City of Yellowknife on Land Lease Agreement, trying to figure out who is in charge of what. Trying to get the ducks in a row for that.
 - i. Comment from President: We really need to get a formal MOU done up with the City.

5. Program Director's Report

Daytime/Special Programs

Our daytime hours have been very successful for the 2022-2023 season.

- Dayhomes = 6 day homes with 6 kids per provider. This is a year round booking (Sept- June) The dayhome program averages \$14,000 a year.
- Inclusive/schools = Fall (Sept-Dec)=987
- Winter(Jan-Mar)=778
- Spring (April-Jun)=986

The user group program brought in approximately \$27,500.00

The only recreational program class offered during the day is the Active Start. Fall and winter registration was a little low at 8 registration per session, however spring registration was increased to 12, this is due in part to the change in time it is offered.

Moving forward 2023-2024

Daytime programs

- Inclusive School Program
- PD day Camps
- Dayhome

- School bookings
- User groups
- Drop-In (in part with NWTGA)
- Seniors Can Move
- This Is Me

Drop In Program 2022-2023

Drop-ins have been off and on throughout the year. Online drop-in averaged 857 tickets.

Moving forward 2023-2024

I would like to see consistency with what we are able to offer and look at better advertising. Finding a way to increase ticket sales as well as looking at how to separate between members and non-members.

Birthday Party Bookings 2022-2023

We were able to offer party bookings every second weekend for 2 time slots, we offered a total of 37 spaces. Everytime time was booked well in advance.

Moving forward 2023-2024

To be able to offer party booking every weekend.

Recreational Program 2022-2023

Fall/Winter/Spring

Total registration =1345

Waitlist =217

Registration was not great this year, this is due to the number of classes we offered and the frustration over the registration system. Typically in a session we offer 45-50 classes, this year we offered on average 38 classes per session.

We have 9 rec coaches.

Moving Forward 2023-2024

Our priority remains to increase staff, mentorship and staff development, this will in turn increase the number of classes we are able to offer.

We are continuing to plan/develop additional programs,

1. Parkour
2. Cheerleading
3. Trampoline & Tumbling
4. Inclusive
5. Teen
6. Gymnastics for life
7. Community engagements

Registrations will open

Fall - August 15, 2023 (September 9 - December 2/9, 2023 Depending on AWG trails)

Winter- December 15, 2023 (January 6 - March 9, 2024)

Spring - March 15, 2023 (April 6 - June 9, 2024)

Camps 2022-2023

Camps were not held this year with the exception of this coming summer. Both winter and spring camps were due to staffing. There was only one staff member that communicated their availability.

Summer camp is practically full, there are 8 weeks of camp with 60-70 members attending each week. There are approx 30 spaces still open in weeks 3/4/5/7, with 16 on a waiting list, we may be able to accommodate the waitlist. All staff have been hired and training is scheduled. Lara and Simone will be taking over as the coordinators.

Moving Forwards 2023-2024

Open winter and spring camps.

PD Camps

Registrations will open

Winter - November 15, 2023

Spring - February 15, 2024

Summer - May 1, 2024

Competitive Program 2022-2023

This year our team completed a number of competitions.

AWG Trails- 5 WAG

AWG -4 WAG

Copeland Classic- 6 WAG

Twisters - 1 MAG

Western - 2 MAG

Delta Invitational - 4 MAG, 17 WAG

Territorials - 35 MAG /WAG

We have 5 Competitive coaches. Physical & Skill testing have been completed and one more set will be completed early June. Planning meetings and discussions with the coaches took place in April.

We will have limited summer training due to staffing, I hope to get this schedule out to the parents by June. Training will be mixed with male and female athletes spread between Claire and myself. I am hoping for at least 4 weeks.

Currently we have athletes training 2-16 hours per week.

Moving forward 2023-2024

Competitive handbook will be sent out to all parents in early July 2023. Our number of athletes will look about the same as this year. We are hosting tryouts on June 19. We will have a potential of 7 athletes participating in the Arctic winter games trial in December, 4 athletes will be chosen. Potentially 2 female athletes trying to Westerns.

We have 2 sr. male athletes working towards qualifying for Nationals in 2024. Athletes that are in their 2nd year will have the opportunity to travel to 1-3 out of town competitions.

Since moving to a female Xcel program which has met great success, this program allows for a great growth at an athletes own progression. CCP will be used for all Arctic winter games, western and nationals, routines are interchangeable to reflect the necessary skills required. Summer training will go back to optional.

I would like to see our competitive program move from 40 weeks to 44 weeks, meaning mandatory training of 4 weeks in the summer. As well as to be able to increase athletes training hours to a max of 20 for all platinum and P5 athletes. Training hours ranging from 2-20.

Overall

The 2022-2023 year has been fairly successful in all programs. Once we are able to retain more full time and part time coaches, the club would be able to run at full capacity and be able to grow in all programs.

Questions and Answers and some conversation stemming from Program Director Report (answered by Program Director and Executive Directors)

1. Have you talked with the Catholic School on their half day afterschool program?
 - a. Yes, but at the moment we didn't have the time slot available, looking forward it could be something we could build into the schedule.
2. When looking at our programs that we offer during the work day, are they economically viable and best value for club?
 - a. Yes.
3. Are you having conversations with former coaches on trying to get them back to the club?
 - a. Yes, unfortunately nothing permanent has come from those conversations.
 - b. We have also been using Job Bank to try and access the Nominee Program if we can't find someone within Canada
 - c. We are having some negotiations with some former coaches
 - d. Used the Trade Show as a recruitment tool
4. Will we have cheerleading come fall? Have heard rumour that the coaches are moving?
 - a. As far as we are aware, yes as our coaches have not notified us of them moving.
5. Have had conversations with regards to YKGC hosting a Midnight Sun Invitational, something to start considering for next year.
6. What are the requirements for competing in JO since we have moved to Excel? Is there still an opportunity for athletes to compete at that level? Or can you do Excel Platinum and then go to JO8?
 - a. Yes, 7As and 1B have no restrictions.
 - b. But once you compete in one level you cannot go back down.

- c. Platinum is equivalent to JO6-8
- d. No requirements to compete at JO6-7 but there are to compete at JO8
- e. Club has a standard for progression
 - i. NOTE: Executive would like to have these standards written and available to athletes and families
- f. We train our athletes at a higher level than the one that they compete at.
- g. We just moved two bronze athletes to silver.
- h. Big considerations of moving up is also where an athlete is at in their mental development as well as physical development. What a 7 year old can do versus what a 15 year old can do. These points are all taken into consideration when debating whether or not to move someone up.
- i. Coach Anna is leaving for school in the fall, do you have a plan come September?
 - i. Still working on that as we are still trying to recruit more coaches
 - ii. Coach Zefer is looking at staying on full time next year and we have a few folks coming in for the Summer Camp.
 - iii. Will know more about our fall lineup come July 1.
- j. Changes to CanGym in September?
 - i. So far all we know is that there will be a cost involved, there is currently a lawsuit against CanGym so their focus is more on that then the changes.
 - ii. It is looking like there will be no 4-6 age range for CanGym, but we still have our own programing that prepares the 4-6s for the CanGymn program.
- k. Will our competitive teams be getting more coaching time? Notice that the competition down south gets more training time.
 - i. Yes, we do have plans to increase the training time. Keeping in mind that 6 year olds should not be doing more than 8 hours of training a week.
 - ii. Standard rule is your age plus two hours is your max. So a 10 year old will be 12 hours, 12 year old 14 hours, etc.

6. Treasurer's Report/Financials 2022-23

- a. General Manager provided Financial Report as Treasure was not available for the meeting.
- b. See attachment for Financial Reporting.
- c. It is agreed that an Auditor should be hired for next year's financial report. Special Meeting will be held to appoint an auditor for the YKGC.
- d. For future reporting members would like to see a comparison over 5-10 years.
- e. Motion to approve financial report: First: Belinda Second: Lori

7. New Business

- a. Motion to increase the YKGC Membership fee from \$35/year to \$50/year
 - i. Reason for increase: Insurance fees are going up this year

- ii. First: Tara Seconded: Scott
 - iii. No opposition
 - iv. Motion Passed to increase Membership Fee to \$50
 - b. Discussion on regular club fees for classes as these will need to be changed for the upcoming year.
 - i. Currently we do not charge for the 15 minutes per class for the coaches report card writing and administration of the class, they only pay for instructional time. Therefore the cost is completely on the club.
 - ii. There needs to be a change in the class fee.
 - iii. Either we raise the hourly rate that is used to calculate the class cost OR we just include the 15 minutes administrative fee into the cost of the class.
 - iv. Feel that we shouldn't raise hourly rate AND charge for the 15 at this point might be too much for membership.
 - v. General Manger will do a jurisdictional scan to see what other clubs charge, making sure to consider which ones are for profit versus non-profit like YKGC.
 - vi. Fees currently don't cover Coaches salaries
 - vii. Need to make sure that we pay attention to the cost of competitive as those are the folks who contribute the most to the club, as well as it is the competitive athletes who become the coaches.
 - c. Noticed that the By-Laws haven't been updated on website.
 - i. GNWT has asked us to update some of the by-laws from last AGM once those are updated and approved from them, they will be up on the website.
 - d. Would like to drop the June Car Wash since we have Super Bingo and Chase the Ace in June as well. Lives are busy.
 - i. Agreed. We shall keep the Car Wash and BBQ in August.
8. Elections of new Board
- a. President Candidates: Steve Thompson and Scott Jordison
 - i. Scott Jordison elected
 - b. Past-President: Steve Thompson
 - c. Vice-President: Sarah Kalnay-Watson, acclaimed
 - d. Sponsorship: Tara Ellsworth, acclaimed
 - e. Treasurer: vacant
 - f. Members at Large:
 - i. Garret Churchill
 - ii. Wendy Hall
 - iii. Natalie Sveisson
 - iv. Jen Thompson
 - v. Quinn Connell
 - vi. Michelle Stelle
9. Motion to end meeting: Lor